



IURC Portuguese Eco-School Delegation to Seberang Perai Programme Agenda Date: 12 to 15 September 2023 (4 working days)

Project: International Urban and Regional Cooperation Asia and Australasia (IURC Asia & Australasia)

Itinerary:

Date	City	Country	Accommodation
Sunday, 10 September 2023	LX 2061 (Swiss International Airlines) Airbus A320 0840 to 1205 Porto, (Francisco Sa Carneiro) to Zurich International Airport 02h 25 minutes (Non-stop) with transit of 10h 35 minutes	Porto, Portugal to Zurich, Switzerland	N/A
Monday 11 September 2023	LX 176 (Swiss International Airlines) Boeing 777-300ER 2240 to 1655 (+1 day) Zurich International Airport to Changi International Airport 12h 15 minutes (Non-stop) with transit of 2h 05 minutes	Zurich, Switzerland to Singapore	N/A
	LX 9076 (Singapore Airlines) Boeing 737 MAX 8 1900 to 2025 Arrival at Penang International Airport 1h 25 minutes (Non-stop)	Singapore to Penang, Malaysia	Wellesley Hotel
Tuesday, 12 September 2023 (Day 1)	Morning: Marine Litter, SMK Valdor Secondary School Afternoon: Batu Kawan @ Jeti Pulau Aman Evening: Welcome Dinner by Seberang Perai City Council	Seberang Perai, Malaysia	Wellesley Hotel
Wednesday, 13 September 2023 (Day 2)	Morning: Outdoor experiential learning Afternoon: Portuguese students work with teachers on slide presentation for 15 September Evening: Dinner	Seberang Perai, Malaysia	Wellesley Hotel
Thursday, 14 September 2023 (Day 3)	Morning: Eco-school vocational programme Afternoon: Orchard Farm Evening: Dinner	Seberang Perai, Malaysia	Wellesley Hotel
Friday, 15 September 2023 (Day 4)	Morning: SMK Convent Butterworth Afternoon: Outdoor experiential learning Evening: Dinner	Penang, Malaysia	Wellesley Hotel
Saturday, 16 September 2023	Free and Easy morning, check out before 12 noon LX9075 (Singapore Airlines) Boeing 737 MAX 8 1800 to 1925 1h 25 minutes (Non-stop) Land transport by Seberang Perai City Council Departure from Penang International Airport to Changi International Airport with transit of 3h 45 minutes	Penang, Malaysia to Singapore	N/A
	LX177 (Swiss International Airlines) Boeing 777-300ER 2310 to 0610 (+1 day) 13h 00 minutes (Non-stop) Singapore International Airport to Zurich International Airport with transit of 3h 55 minutes	Singapore to Zurich, Switzerland	
Sunday, 17 September 2023	LX 2066 (Swiss International Airlines) Airbus A220-300 1005 to 1150 Arrival at Porto, (Francisco Sa Carneiro) 02h 45minutes (Non-stop)	Porto, Portugal	N/A



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Programme Agenda Monday, 11 September 2023 – Penang Island to Seberang Perai, Malaysia (Schedules in local time)	
19:00	<p>Arrival in Penang International Airport</p> <ul style="list-style-type: none"> - Arrangement of MBSP land transport to pick up the four delegates at the Arrival Hall of Penang International Airport* (MBSP Driver to hold placement card IURC – Portuguese Eco-School Delegation) <p>Address: Penang International Airport, 11900 Bayan Lepas, Penang Location: https://goo.gl/maps/84ZEo7y7bwCkkZyo8 Website: https://penangairport.com</p>
20:00	<p>Transfer to Wellesley Hotel (Iconic Point)</p> <p>Address: 57, Jalan Iconic Point, 14100 Simpang Ampat, Pulau Pinang Telephone: +6012 714 2932 Email: enquiry@wellesleyhotel.com.my Location: https://goo.gl/maps/grFdNN4a1eMSvR9u5 Website: Click here</p> <p>Please note that Jacqueline is taking the electric train to Penang. Will inform arrival later.</p>



<p style="text-align: center;">Programme Agenda Tuesday, 12 September 2023 – Seberang Perai, Malaysia Eco-School Day 1 (Schedules in local time) Photographer on site</p>	
09:00	MBSP driver standby at LOBBY Wellesley Hotel
09:15	Latest time to depart from hotel
09:30 – 10:00	<p>Official Reception by the Principal of Valdor Secondary School Dress code: School attire (school t-shirt is allowed) Location: https://goo.gl/maps/yKt1qdifhev4HtRh6 Website: http://smkvaldor.blogspot.com/?m=1</p> <p>Person In Charge/Host representative: Mr. Chew Eng Seng, Local 21 Agenda Officer, Seberang Perai City Council</p>
10:00 – 13:00	<p>Join Form 4 class for a 3-hour interactive learning on The Impact of Marine Litter in our Oceans followed by group activities Guest Speaker: Prof Annette Jaya Ram, CEMACS, Universiti Sains Malaysia Dress code: School attire (school t-shirt is allowed) <u>Learning objective:</u> To deepen understanding of the types of micro and macro plastics and impacts of marine litter. <u>Learning outcome:</u> Finding alternative solutions to eliminate and reduce single use plastics.</p> <p>Person In Charge/Host representative: Name: Mr Choy AYE. Designation: Principal Valdor Secondary School Email:- pea4002@jpnpp.edu.my</p>
12:00 – 13:00	<p>Lunch at School Canteen Person In Charge/Host representative: Name: Mr Choy AYE. Designation: Principal Valdor Secondary School</p>



<p>14:00 – 16:00</p>	<p>Depart from school to carry out the beach clean-up and beach audit at Batu Kawan @ Jeti Pulau Aman or a location chosen by the Principal</p> <p>Dress code: Sports attire, cap, sunglasses and sun block</p> <p>Learning objective: To apply what you learned in the classroom at an actual beach. To attempt completing data sheets during the International Coastal Clean-up using Ocean Conservancy Data Sheet and Clean Swell app.</p> <p>Learning outcome: Understanding the commitment required to maintain a clean and healthy ocean. A better appreciation of the real-life challenges in tackling marine litter and how to improve the situation with the community members and stakeholders.</p> <p>Person In Charge/Host representative: Name: Mr Choy AYE. Designation: Principal Valdor Secondary School</p>
	<p>Transfer back to hotel to freshen up.</p>
<p>19:00</p>	<p>Light Dinner hosted by MBSP</p> <p>Dress code: Smart casual</p>



<p align="center">Programme Agenda</p> <p align="center">Wednesday, 13 September 2023 – Seberang Perai, Malaysia</p> <p align="center">Eco-School Day 2 (Schedules in local time)</p> <p align="center">Photographer on site</p>	
09:00	Bus driver standby at LOBBY Wellesley Hotel (Iconic Point)
09:15	Latest time to depart from hotel
09:45 – 10:30	<p>Outdoor Experiential Learning</p> <p>Dress code: Comfortable clothing for outdoors</p> <p>Visit to Tzu Chi Merit Society Environment Protection Education Centre</p> <p>Learning Objective: How youths can contribute to community programmes and benefit charities. Understanding the four missions created by the founder of Tzu Chi Merit Society.</p> <p>Learning Outcomes: Empowering youths (inclusion and diversity) to give back to their communities and be more involved in the better management and segregation of waste.</p> <p>Location: https://tinyurl.com/2p8pzy55</p> <p>Person In Charge/Host representative: Mr. Saw Wee Tan, Chairman</p>
11:00 – 12:30	<p>Outdoor Experiential Learning : Upcycling Workshops</p> <p>Visit to Upcycling Community Project by Kepala Gajah Resident Association</p> <p>Dress code: Comfortable clothing for outdoors</p> <p>Learning Objective: Youths working with B40 (bottom 40) and single mothers in community programmes such as learning to upcycle hard to recycle single use plastics and discarded old newspaper into arts and crafts for sale.</p> <p>Learning Outcomes: Empowering youths (inclusion and diversity) to give back to their communities by applying creative and innovative methods. To replicate back in Vila Nova de Famalicão as a way to raise funds for the Refood programmes.</p>



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	<p>Take home what you created at the workshop!</p> <p>Location: Taman Puteri Gunung Community Hall, Simpang Ampat http://surl.li/cvxkm</p> <p>Person In Charge/Host representative: Mr. Tan Chor Soon, Chairman</p>
12:30 – 14:00	<p>Lunch at Sharing, Iconic Point</p> <p>Dress code: Casual / Smart Casual</p> <p>Person In Charge/Host representative: Mr. Chew Eng Seng, Local 21 Agenda Officer, Seberang Perai City Council</p>
15:15 – 17:15	<p>Transfer back to hotel to freshen up.</p> <p>Portuguese students work with their teachers to compile lessons learned from Day 1 and Day 2 and to shortlist projects they would like to knowledge transfer back to their Secondary School peers. To also decide how best to compile everything for Day 3 and Day 4 This will be presented in a slide deck for final presentation for Day 4, for e-book contents and for video.</p>
19:00	<p>Meet at the lobby</p>
19:30	<p>Dinner by MBSP</p> <p>Dress code: Casual</p> <p>Person In Charge/Host representative: Mr. Chew Eng Seng, Local 21 Agenda Officer, Seberang Perai City Council</p>



<p style="text-align: center;">Programme Agenda Thursday, 14 September 2023 – Seberang Perai, Malaysia Eco-School Day 3 (Schedules in local time) Photographer on site</p>	
09:00	<p>MBSP land transport standby at LOBBY Wellesley Hotel (Iconic Point)</p>
09:15	<p>Latest time to depart from hotel</p>
09:30	<p>Eco-school vocational programme in partnership with Flex and Lions Club which has been officiated by Chief Minister of Penang on 22 July is introduced to the Portuguese students</p> <p>Dress code: School attire (school t-shirt is allowed) and bring hiking shoes or sport shoes with grip</p> <p>Learning objective: Learning to disassemble and reassemble old/used CPUs and deepen understanding of the circular economy tech loops of repair, reuse and redistribute.</p> <p>Learning outcome: Learning to use the professional electronic toolkit donated by Flex on basic maintenance, repair & service jobs. Closing the loop on e-waste</p> <p>Person In Charge/Host representative: Name: Mr Aye Choy Designation: Principal Valdor Secondary School</p>
11:30 – 13:30	<p>Lunch at Culinary Classroom</p> <p>Show cooking by Portuguese and Malaysian school teachers and students – how they tackle food waste and rescue food waste (local and traditional recipes) in the kitchen without resorting to technology. Composting as a last resort. SDG 1, SDG 13 and SDG 17.</p>
14:00 – 17:00	<p>Visit to an orchard farm at Junjong</p> <p>Dress code: School attire (school t-shirt is allowed) and bring hiking shoes or sport shoes with grip</p>



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	<p>Learning objective: Experience a typical agriculture village life with local culture and witness the environmental and conservation efforts that have been implemented to date. To taste some local fruits.</p> <p>Read more about durian (the king of fruits): https://www.healthline.com/nutrition/durian-fruit</p> <p>Learning outcome: A better appreciation on how an orchard farm implements rain water harvesting and using solar panels on its roof (the resting hut)</p> <p>Person In Charge/Host representative: Name: Mr Aye Choy Designation: Principal Valdor Secondary School</p>
18:00	<p>Dinner at Tambun</p> <p>Dress code: Casual</p> <p>Person In Charge/Host representative: Mr. Chew Eng Seng, Local 21 Agenda Officer of Seberang Perai City Council</p>



Programme Agenda Friday, 15 September 2022 –Seberang Perai, Malaysia Eco-School Day 4 (Schedules in local time) Photographer on site	
9:00	MBSP land transport standby at LOBBY Wellesley Hotel (Iconic Point)
9:15	Latest time to depart from hotel
10:00 – 12:00	<p>Visit to Butterworth Convent Secondary School</p> <p>Dress code: School attire (school t-shirt is allowed) with sport shoes</p> <p>Learning objective: To arouse curiosity and to engage with the Malaysian students to better understand what inspires them in implementing the various projects after a full presentation of their eco-school projects accompanied with a full tour.</p> <p>Learning outcome: A better appreciation of how Malaysian students are making concerted efforts in environment protection and conservation. The rationale behind each project and the urgency they are trying to address with the support of teachers, school maintenance team and the parents teachers association</p> <p>Person In Charge/Host representative: Mr. Chew Eng Seng, Local 21 Agenda Officer of Seberang Perai City Council</p>
12:00 – 13:00	Lunch at canteen
13:30 – 15:00	<p>Outdoor Experiential Learning : Zero Waste Programme at Bagan Ajam in collaboration with IURC and Portuguese cities</p> <p>Dress code: School attire (school t-shirt is allowed) with sport shoes</p> <p>Learning objective: To understand the rationale behind the zero waste market initiative and how it was implemented.</p>



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	<p>Learning outcome: To understand why zero waste markets matter for the community and neighbourhoods and how it seeks to reduce food waste daily with community centric campaigns</p> <p>Person In Charge/Host representative: Name: Chew Eng Seng Designation: Local Agenda 21 Officer, Seberang Perai City Council</p>
<p>16:00 – 18:00</p>	<p>Debriefing Sessions at Tower MBSP</p> <ol style="list-style-type: none"> 1. Mr. Ahmad Zabri bin Mohamed Sarajudin, Director, Urban Services Department (Chair) 2. Ms. Heng Yeh Shiuan, City Councillor (Co-Chair) 3. Mr. Mohd Naim bin Mohd Ali, Senior Assistant Director, Urban Services Department (Co-Chair) <ul style="list-style-type: none"> • Welcome Remarks by Chair, MBSP • Opening Remarks by Ms. Raquel Azevedo, Coordinator of the Eco-Schools Programme, Camilo Castelo Branco, Vila Nova de Famalicão • Presentation by Mr. João Fontes and Mr. Gabriel Torres (16-year-olds) from Camilo Castelo Branco, Vila Nova de Famalicão • Presentation by Ms. Kaelyn Thong, Ms. Laaranya a/p Senthil Kumar and Ms. Ainul Iman Binti Mohd Ismail (16-year-olds) from Convent Butterworth Secondary School, Seberang Perai • Presentation by Mr. Henry Teh Gian Wei, Ms. Loo Qing Yang and Ms. Prasana a/p Jayabalan (17-year-olds) from Valdor Secondary School, Seberang Perai • Closing Remarks by Ms. Jacqueline Chang, Country Coordinator Circular Economy Specialist, IURC Asia-Australasia and Mr. Sri Themudu Bully Baboo, Chief Programme Officer, Green Growth Asia Foundation • Presentation of mementos and group photo • Networking session
<p>18:30 – 19:30</p>	<p>Dinner – Hawker Food @ Autocity</p> <p>Location: https://tinyurl.com/5edx6j67</p>



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Programme Agenda Saturday, 16 September until Sunday 17 September 2022 – Seberang Perai - Singapore- Zurich-Porto (Please adjust your time zones accurately)	
09:00 onwards	Free and Easy Day to tour around Penang Island. Note Jacqueline takes the electric train.
12:00 - 13:00	Light Lunch
13:00 - 15:00	Free and Easy Day to tour around Penang Island continued.
15:30	MBSP Driver drops Portuguese delegation at Penang International Airport
16:00	Check in: Penang International Airport
18:00	Leaving Penang International Airport for Changi International Airport Changi International Airport to Zurich International Airport Zurich International Airport to Francisco Sa Carneiro/ Porto International Airport